

THE ROLES OF INTERCONNECTEDNESS AND SELF-TRANSCENDENCE IN MENTAL HEALTH SERVICE PROVIDERS

Abstract

Abstract of thesis entitled:

Objectives This present study aimed to investigate the association between interconnectedness, self-transcendence, perceived role in making structural changes, and compassion fatigue in mental health service providers. The mediating role of interconnectedness on the relationship between self-transcendence and perceived role in making structural changes or compassion fatigue, as well as the moderating roles of interconnectedness, self-transcendence, and mindfulness experience on the relationship between client contact hours and compassion fatigue were also explored.

Methods The study was conducted using clinical psychologist as participants. Hierarchical linear regression, mediation, and moderation analyses were employed to investigate the above stated associations, mediations, and moderations.

Results The study found that interconnectedness significantly and positively associated with perceived role in making structural changes after controlling for client contact hours [$\beta = 0.262$, R^2 change = 0.069, $F(1, 56) = 4.555$, $p = 0.037$]. No significant association was found between self-transcendence and perceived role in making structural changes, and between interconnectedness or self-transcendence and compassion fatigue. The hypothesized mediations and moderations were not statistically significant as well.

Conclusions The present study suggests that higher levels of interconnectedness in mental health providers might be correlated with higher perceived responsibility in making structural changes.

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