

Nowadays, being a full-time teacher at school consist of carrying out a different myriad of diversified activities as well as catering pupils with different personalities and abilities. With more and more students with special educational needs (SEN) study in mainstream schools, integrated education is one of the main and whole school policies to foster a harmonious environment for every student. However, along with the new policies, teachers have many more duties that cause more stress affecting their health in recent years. To review the efficiency of SEN policy subjects to the Education Bureau (EDB), 117 teachers from local schools responded to quantitative and qualitative questionnaires. Teachers' teaching self-efficacy, health conditions on stress evaluation towards to their physics, emotion, behavior, sleep quality, and personal habits were analyzed and discussed.

Keywords: students with educational needs (SEN), local primary and secondary schools, the Education Bureau

Introduction