

### **Abstract**

The present study examined the relationships among parental psychopathology, parent-child relationship, emotional lability, impulsivity and nonsuicidal self-injury (NSSI) among Chinese adolescents in Hong Kong. Participants, 3,657 adolescents (56.1% females), completed questionnaires assessing parental psychopathology, parent-child relationship, emotional lability, impulsivity and NSSI. Results indicated that self-injurers reported higher frequencies of father's drug abuse, mother's gambling dyscontrol, parental violent behaviors, depression and anxiety disorders than non-injurers. Father-child relationship, emotional lability and impulsivity were predictive of NSSI frequency. Findings from this study shed light on the role of impulsive trait in the development and treatment of NSSI.

*Keywords:* Nonsuicidal self-injury, impulsivity, parental psychopathology, parent-child relationship, emotional lability