

### Abstract

In this study, we would like to examine the experiential process of a drama project which groups several people with disability for a series of drama performances. The primary objective of this study is to gain an understanding of the socio-psychological experiences of the disabled actors in the process and identify the perceived efficacy of the disabled individual and the community.

Bandura's theories of self-efficacy and collective efficacy are the framework of the analysis. In-depth semi-structured interviews are conducted with three participants of various disabilities. Results are analysed and discussed using an Interpretative Phenomenological Analysis (IPA) approach.

This study is an attempt to explore a new direction in the local rehabilitation field for improving the quality of life of people with disability which puts their dignity and community capacity development in the core concern.

*(Keywords: Rehabilitation, drama performance, disability, self-efficacy, collective-efficacy)*