

Abstract

In order to raise public awareness towards work, the present study aimed at examining how personal, family and social factors affect local workers' job satisfaction. A hundred full-time local workers were recruited as participants (55 males, 45 females), from a range of various occupations and age groups. Emotional Regulation Questionnaire, Organization-Based Self-Esteem (OBSE) scale, Family Social Support scale, Social Support scale and Job Satisfaction scale were adopted. The hypotheses were: emotional regulation, OBSE, family support and social support were positively correlated with job satisfaction. The results demonstrated that OBSE, family support and social support were positively correlated with job satisfaction. However, the relationship of emotional regulation was not significant. Reasons for the results were discussed and further studies were suggested.